



Inner Harbour's mission is to help young people build upon their strengths to overcome life's most difficult challenges by providing a continuum of behavioral health and educational services.

Inner Harbour is the only residential treatment center in Georgia offering educational services which are accredited by the Southern Association of Colleges and Schools for over twenty-five years, the Joint Commission on Accreditation of Health Care Organizations, and the Association of Experiential Education.

Our services are covered by most major medical insurances, including TRICARE; and in some cases, families cover the costs. Inner Harbour admits youth regardless of race, sex, creed, color, religion, national origin or disability.

We treat children and adolescents with significant psychiatric illness and impairment in behavioral, cognitive, emotional, familial, and/or social functioning. Admissions approval requires both clinical and financial approval.

Adolescent and Children's Program

Youth with emotional, behavioral, and neurodevelopmental disorders between the ages of 6-18 years, with an IQ of 75 or greater, are considered for these programs. The focus of treatment is on rapid assessments, the development of social, emotional, and coping skills, intensive family therapy, and cognitive therapies to prepare youth for successful re-integration back into the community. Youth receive specialized services as indicated, including but not limited to QEEG testing, neurofeedback therapy, audio-visual entrainment, psychological and neuropsychological testing, speech therapy, occupational therapy, and sensory integration therapy.

Intermediate Residential Program

Adolescents with emotional and behavioral disturbances between the ages of 13-21, with an IQ of 75 or greater, who have demonstrated adequate control of their behaviors sufficient enough to be able to function in an unlocked environment but who still require intensive work in the area of peer and social relationships in a structured environment, are considered for this step-down, community based program. The focus of the program is the development of group process skills, social skills in the community, assertiveness training, communication, and independent living skills. Therapeutic needs of each resident, as prescribed by their outpatient treatment team, may include individual, group or family therapies. The youth participate in weekly community outings and may be enrolled in an on campus or community based educational program in preparation for their return to community living.

Group Homes

Youth ages 14-21 years with a history of emotional and behavioral disturbances and an IQ of 75 or greater, who are able to function in a community setting, are eligible for these programs. Youth in these programs live in a home setting, are enrolled in a public school or a community GED program, and are encouraged to seek gainful employment in the community. The focus of the program is the development of group process skills, social skills in the community, communication, independent living skills, and intensive family therapy.

EXCEL Leadership Academy

Males ages 12-17 years with an IQ of 75 or greater, participate in an outdoor therapeutic program. Residents participate in experiential, hands on learning in an outdoor environment. The focus of this program is on: 1) cognitive restructuring based on a 12 step Moral Reconciliation Therapy model, 2) group process and dynamics, 3) the development of social behaviors, and 4) family training aimed at the successful re-integration of the child into the family setting.



Inner Harbour
for Children & Families

Angela's House

Females ages 13-17 years with a history of sexual exploitation and an IQ of 75 or greater are eligible for this program. Girls may also be court ordered from Fulton County to participate in this program. The focus in treatment is on recovery from abuse, empowerment, education regarding high risk behaviors, medical and psychiatric assessment, substance abuse education, and intensive family therapy aimed at successful re-integration of the youth back into the family. Residents participate in an on campus SACS accredited school.

Male Sexual Behavior Program (FOCUS)

Males with emotional and behavioral disturbances between the ages of 13-17, with an IQ of 75 or greater and a history of sexual disorders will be considered for this program. The focus of treatment is on behavioral modification, addressing underlying psychiatric symptoms, acknowledgement of the sexual disorder, disclosure, cognitive restructuring, intensive family therapy, and the development of skills necessary to reduce or eliminate their risk of recidivism.

Douglas County Family Assessment Center (Emergency Shelter)

The Family Assessment Center at Inner Harbour provides for the safe, temporary care and protection of youth who have been removed from their home due to abuse, neglect, or family situations requiring short-term placement.

Community Based CORE Services

Inner Harbour operates a community based services program providing mental health and substance abuse/education services. This program serves youth up to age 21 who are eligible for Core State Contracted/Medicaid services and who have a psychiatric and/or substance abuse diagnosis.

Families In Transition Program (F.I.T.)

F.I.T. is a ten-week decision-making skills program for youth and their parents. F.I.T. helps parents strengthen communication with their children and helps youth take responsibility for their actions. F.I.T. classes address life and social skills, e.g., negotiation, listening, decision-making, etc. F.I.T. is funded by Inner Harbour and the United Way and available for families with youth from the ages of 10-16. In addition, Spanish speaking groups are available.

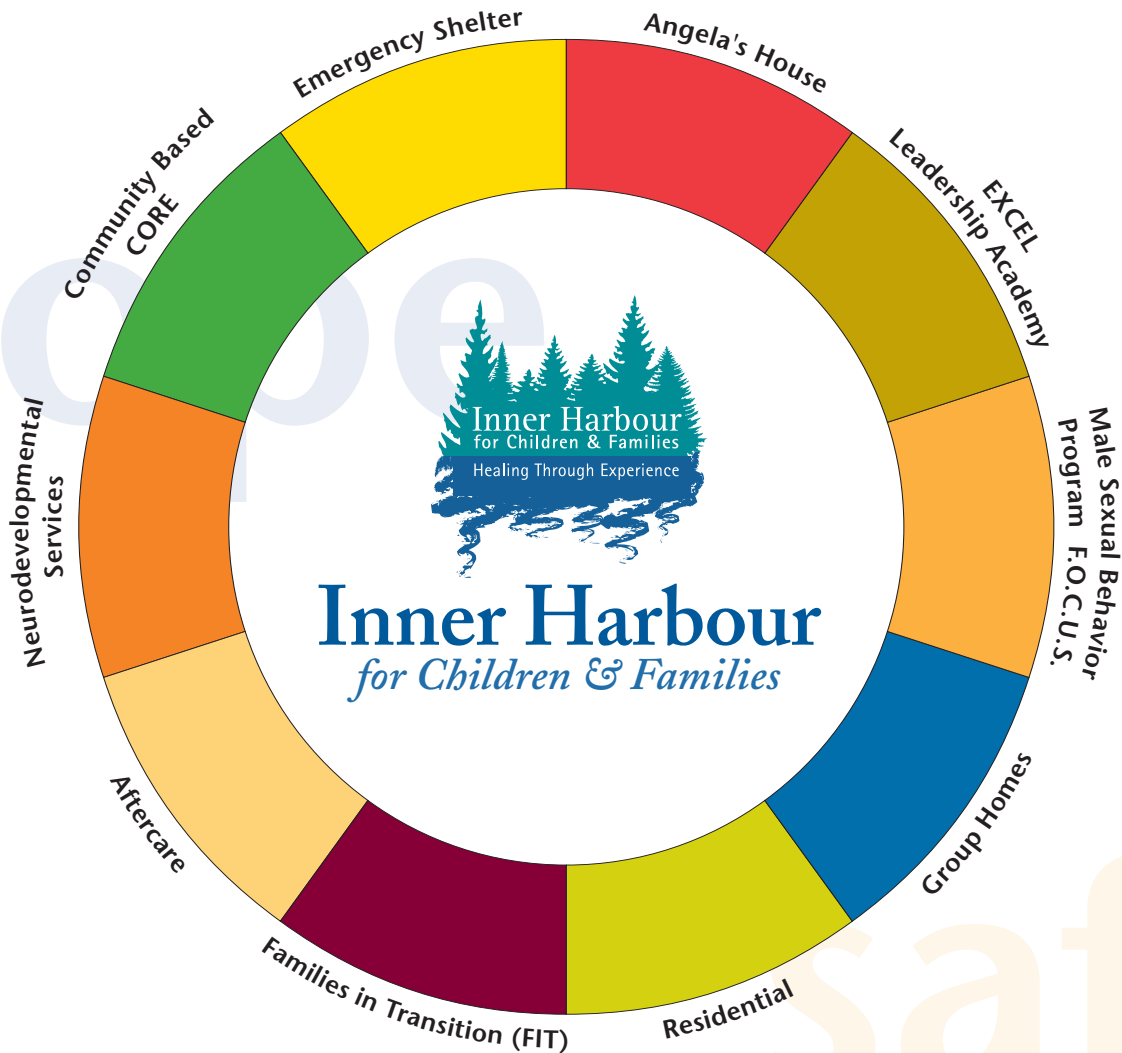
Dialectical Behavior Therapy (DBT)

Inner Harbour offers an evidenced based clinical model called Dialectical Behavior Therapy. DBT is applicable to multiple populations including children, teenagers, and substance abusers. The treatment is designed for those who have difficulty regulating their emotions. DBT validates the child's reality while helping them find "a life worth living". The premise of DBT is balancing acceptance with change.



Individuals pictured in this material are not Inner Harbour clients or parents of clients.

Specializing in the treatment of youth and families for more than forty five years, Inner Harbour is a non-profit treatment center that offers a continuum of care for children and adolescents.



continuum of behavioral
health and educational services



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